

# DAN'S TRUST

Peter and Shelagh Bagshaw spoke with great love and affection about their son, Daniel. Without any warning or symptoms, Daniel suffered a fatal cardiac arrest aged just 27, during an ITU Olympic distance triathlon in Hong Kong. After successfully completing the swim and cycling events, and whilst on the finish line of the run, he was seen to collapse. His subsequent post mortem revealed a perfect structurally normal heart, and the cause of death was attributed to sudden arrhythmic death syndrome (SADS). They told us how he was a tremendously intelligent, fit and active young man, and spoke about how Dan had achieved so much in such a short space of time.

Amongst these achievements Dan gained a clean sweep of grade A results at GCSE and A Level while attending Clitheroe Royal Grammar School and graduated from Oxford University New College with a degree in Philosophy, Politics and Economics and then subsequently secured a position as a corporate lawyer with a top international law firm.

In his spare time, Dan was extremely active and loved all sports, completing many events for a variety of charitable causes, including triathlons, marathons, climbing to Everest base camp and completing gruelling mountain stages of the Tour de France.

We learned that Dan loved life, and that he also wanted to make a difference to the lives of others. As such, his family have established a charitable foundation in his name, "Dan's Trust", which is primarily focused on raising money to promote and fund research into the early diagnosis of cardiac risk in the young and the improvement of treatment methods for sudden cardiac arrest, with the aim of reducing the frequency of sudden cardiac death in young people.

A twin aim of the Trust is to financially support talented youngsters in the Ribble Valley and Hyndburn area, to help fulfil their potential and ambitions. Shelagh and Peter told us how Daniel would have wanted to support his local community, and how they support young people across all schools in the Ribble Valley to help them achieve their dreams.

**Two of our very talented pupils, Hope Faraday and Connor Hargreaves, were awarded funding from the Trust.**

Hope Faraday, Year 9, is an incredibly talented dancer – she has been doing ballroom, classical and modern sequence dancing for the last few years. She currently competes at both National and International level and with her dance partner came 4th in the 12-13 year age range in the World Sequence Dancing Champions at Easter this year. Hope came 1st in ballroom in an under 16 national competition 2 weeks ago. She has represented the Northwest of England for the British Team at the last 2 World championships. Her hopes and dreams are to audition successfully for dance or musical theatre school, and pursue a career in dance.

**Connor Hargreaves, Year 11, competes locally and nationally at Motor Cross. Connor raced professionally in 2012 and this season finished 10<sup>th</sup> overall in the championships.**



*On behalf of everyone at Longridge High School sincere thanks to Mr & Mrs Bagshaw and Dan's Trust for your generosity and kindness.*

Longridge High School will again hold the CRY (Cardiac Risk in the Young) Screening on the weekend of the 11<sup>th</sup> and 12<sup>th</sup> March - details to follow and bookings in the New Year.

